D1 Fri 20 Nov run sheet

≈291 KM · ≈4 H 35 RIDING · SUNSET 19:27

09:45	Meet FAST KTM CT. Cards B1, B2, M1.
10:00	Depart. Intro and group shot at dealer.
11:30	**Nuwekloof** (alt. meet point). Ride + details.
12:45	**Tulbagh**: lunch, fuel, town B-roll.
14:10	**Michell's**: if stop/go is active, film one take only.
15:10	**Ceres**: fuel FULL; ride to Montpellier.
16:00	Check in at Montpellier by host appointment; depart 16:15.
17:10	**GYDO HERO**: reveal, lock-offs and PTC in golden-hour light.
18:20	**Wheels rolling off Gydo (hard stop)**; return via Ceres and Michell's.
19:20	Arrive Montpellier before civil dusk.
20:00	Dinner + review insert 1 (helmets, comms).
21:30	Offload (M5), charge everything.

Running late? Cut Tulbagh to 30 min, then shorten Michell's. Leave Gydo by 18:20.

D2 Sat 21 Nov run sheet

≈303 KM · ≈5 H 10 RIDING · SUNRISE 05:29

04:30	*Optional Theronsberg sunrise (P3); return by 06:45. Packed breakfast required.*
07:00	Check out. B1 bike check, M1 cameras.
07:15	Depart Montpellier via Ceres. **Tanks FULL** (filled Fri).
	Ride via Op-die-Berg (≈1 h 25)
09:20	**KATBAKKIES HERO** (P3)
11:15	**Wrap** before the heat and wind.
11:15	Review insert 2 (luggage) in shade.
13:30	**Ceres**: lunch, fuel, logistics-hub B-roll.
14:30	Ride home via Michell's & Bainskloof (no filming).
~16:15	FAST KTM CT. Hand over SSDs.

Fuel past Ceres is unverified. The loop is ≈148 km. **Weather bad?** Skip Katbakkies; film the review insert in Ceres.

P1 Nuwekloof · Michell's

NUWEKLOOF ~11:30 · HARSH LIGHT

- [ ] **Entry**: pass sign, gorge wide from a safe pull-off
- [ ] **Ride**: chase best curve + presenter-cam first impressions
- [ ] **Beauty**: lock-off pass-by, rock walls behind. Avoid noon skies.
- [ ] **Detail**: tyres on tar, hands on bars, bikes lined up
- [ ] **Ask**: "What do you notice when the mountains close in?"

MICHELL'S ~14:10 · CHECK STOP/GO

- [ ] **Entry**: Toll House, historic stone walls
- [ ] **Ride**: one continuous take up. No repeats in works zone.
- [ ] **Beauty**: Toll House area or pull-off above the river
- [ ] **Detail**: dry-stone walls, storm repairs (story), cloud timelapse
- [ ] **Ask**: "What would this valley be without this road?"

P2 Gydo: HERO

FRI ~17:12–18:20 · GOLDEN HOUR · SUNSET 19:27

1. **On arrival**: lookout frame with side or back light on the switchbacks
2. **Start timelapse** of light and cloud. Let it run.
3. **Reveal**: drone (licensed only) or high vantage, bikes small
4. **2 lock-off pass-bys**, long lens. The episode's signature shots.
5. **Ride**: chase + low side cam, 2 clean runs (max 3, spotters both ends)
6. **Detail**: orchards below, sun in visor, dust in backlight, helmet on tank
7. **Piece to camera in golden-hour light**: altitude, weather, exposure

18:20 wheels rolling. The return via Ceres and Michell's must reach Montpellier before dusk.

P3 Katbakkies: HERO

SAT 09:10–11:15 · NARROW · STEEPER THAN 1:4

1. **Ride it once** at easy pace. Pick 2 safe setups (see 150 m both ways).
2. **Beauty**: farmland → Karoo transition, wide lock-off, bikes small
3. **Ride**: presenter cam on steepest climb (gradient, heat, exposure) + chase
4. **Detail**: gravel edges, engine and brakes on descent, heat shimmer
5. **Ask**: "Where does the Cape end and the Karoo begin?"

Low gear on descents. Assume no signal.
Regroup at the top and bottom.

BONUS: THERONSBERG SUNRISE 05:29

- [ ] 1 rider + 1 camera: Montpellier–Theronsberg is ~53 km; return is ~63 km. Leave at 04:30 and be back by 06:45.
- [ ] Arrange packed breakfast and 07:00 check-out with the host.

R Review insert

HELMETS · COMMS · LUGGAGE · 60–90 S EACH

Helmet	Why this one? Venting at 30 °C+? Visor, Pinlock, noise? After 8 h? *Show: vents, visor, liner macro*
Comms	Range in the mountains? Mesh with 3–4 riders? Battery after a full day? Ride a pass without it? *Show: Cardo close-up, CAM02 audio*
Luggage	What did you pack? Hard vs soft? Waterproof? Weight on Katbakkies? *Show: unpack-in-60-s timelapse, flat-lay*

CAUSE: ACCESS NATURE, LEAVE NO TRACE

- [ ] Film real behaviour: pack out litter, park on hard ground, gates as found, no feeding baboons

Brand names: KTM group per #16. Others: ask first.

C Camera & card map

FILL IN AT THE SHAKEDOWN · PENCIL

CAM	RIDER / MOUNT	D1	D2	SWAPS
CAM01	R1 chin	C01	C09	
CAM02	R1 bars → rider	C02	C10	
CAM03	R2 forward	C03	C11	
CAM04	R2 low side	C04	C12	
CAM05	R3 chest	C05	C13	
CAM06	Tripod	C06	C14	
DRN	Drone (licensed)	C07	C15	
ACAM	Handheld	C08	C16	
Spare		C17+		

SSD A: wrangler _____ · **SSD B**: rider _____ (different bike)

E EP01 emergency & bailouts

112	Any emergency from a mobile
084 124	ER24 · **082 911** Netcare 911
021 937 0300	Wilderness Search & Rescue
Hospital	**Ceres Hospital**, Cnr Theron & Rivierkant St, 24-h emergency, 023 316 9600. Worcester ≈54 km.
Fuel	Cape Town, Tulbagh, Ceres. **Op-die-Berg unverified.**
No signal	Katbakkies, Koue Bokkeveld. Send a rider to find signal.

BAILOUTS

Michell's shut	N7 Citrusdal → Middelberg → Op-die-Berg → Gydo → Ceres (≈285 km), or N1 → Touws River → Theronsberg (≈258 km)
D2 weather	Skip Katbakkies, ride home
Bainskloof shut	Reverse Day 1: Wolseley → Nuwekloof → N7 (≈145 km)

Home contact: _____ · Check-ins Fri 12:30, 16:00, 19:45 · Sat 11:30, 14:30, home